



# Miles in Motion Active for Life



**Instructions:** 1. Log your miles. 2. Keep a copy for your records. 3. Submit to SHF by Dec 1. 4. Submit all at once or as you progress. 5. SHF keeps track of total KM's logged. 6. Recognition awards at 100 KM, 200 KM & 300 KM

Name: \_\_\_\_\_ SHF #: \_\_\_\_\_

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Check One: ☐ Riding ☐ Driving

Check One: ☐ Under 13 ☐ 14 and Over

**Recognition Awards:** Riding awards and driving awards are separate categories and broken into two age groups (Under 13 or 14 and Over). Highest KM's Recorded for each category are presented at the AGM 2021

**Credits:** Trail rides/drives or pleasure rides/drives: 5km/kr travelled or total KM's for each event.

Date	Horse's Name	Event	KM Credits	MiM Credits